

# CINDY AND HENRY



CINDY, HENRY AND HIS SISTER CHARLIE ARE MOUNTAIN-BIKING. MOLLY IS TAGGING ALONG.



**COME ON!  
LET'S GO FASTER!**



**YAHOOOOO!**



YOUR SISTER'S VERY GOOD. SHE'S A REAL DAREDEVIL!

NAH! NOT THAT GOOD. SHE JUST WANTS SOME ATTENTION.

AND IT'S ONLY BIKING!



EVERYONE BIKES. IT'S NOT EVEN A SPORT!



LISTEN, HENRY. JEALOUSY CAN MAKE US SAY OR DO MEAN THINGS TO OTHERS. I EXPERIENCED ALL THAT WHEN I TOOK UP WHEELCHAIR BASKETBALL.

I THINK WE'RE ABOUT TO HEAR A NEW STORY.



I WAS BETTER THAN SOME GLYS. AND BOY! DID THEY EVER TAKE IT OUT ON ME!



THAT'S PURE LUCK.

WE LET YOU WIN BECAUSE YOU'RE A GIRL!



SOME KIDS TRIED TO HURT ME BY HITTING ME REALLY HARD. OTHERS SENT ME NASTY EMAILS.



IT'S SAD. THOSE BOYS TRIED TO PUSH HER DOWN JUST TO MAKE UP FOR THEIR OWN FAILURE AND INSECURITY.



RATHER THAN ENVYING SOMEONE FOR THEIR SUCCESS, IT'D BE BETTER TO THINK ABOUT WHAT YOU COULD DO TO HAVE THE SAME SUCCESS. FOR EXAMPLE, YOU COULD START TRAINING.



OR ASK THE PERSON FOR ADVICE.



IT TAKES HUMILITY. IF ONLY THE BOYS HAD ASKED ME FOR ADVICE, I WOULD HAVE HELPED THEM. THAT COULD HAVE CHANGED EVERYTHING.

YOU'RE RIGHT. I'LL ASK CHARLIE FOR SURE.



HEY, CHARLIE! CAN YOU SHOW ME HOW TO DO THOSE COOL TRICKS?

COME ON!



GO HENRY GO!



Sometimes we're jealous of successful people. These feelings can make us say or do mean or nasty things to them. Instead, let's use these feelings as a wake-up call to help us find out what it is that we want to achieve - like being the best cyclist, for example. We can then start working on that goal. Now that's the real secret of success!

